

Learning Effectively

Learning Outcomes - On completion of this activity the student will be able to:

- Confirm how they have studied previously.
- Identify the barriers to studying/learning.
- Discuss how to become a more effective learner.

Estimated Time – The time estimated for this activity is 20 minutes

Introduction – A student at college/university is expected to develop into a fully independent learner and study outwith timetabled classes. Every module, in addition to the class contact time with academic staff, requires many hours of notional student effort. Independent learning is vital to passing exams and to successfully completing your qualification. It is not possible just to leave at the end of the day, not study and expect to pass. Students have to learn to discipline themselves to study outside timetabled classes and fully understand the subject content of the modules that make up the degree programme.

You have spent some time studying before you came to college/university and it is important to examine how you learn and to be made aware of the differences you are likely to encounter in your new learning environment.

Instructions to Students – Discussing How to Study

Move the chairs in the room so you form groups of 5 or 6 people and nominate someone from your group to report back to the room, discuss and summarise the following two questions:

How do you study/learn well?

Think of something you are good at and work out why you are good at it or think about an assessment or exam you did well in and consider why.

What has got in the way of studying/learning?

Think of something you are not good at or an assessment or exam that you did badly in and consider why?

Each group will now feedback their findings and these will be discussed in the room.

